



**Come Meet
IFBB Pro
Markus Ruhl
In Person!**

**ULTIMATE
NUTRITION®**

The Future of Sports Nutrition®

**Where: Popeye's Supplements
Unit 170 - 1600 Kenaston Blvd (Kenaston Common)
Phone: (204) 774-4454**

When: Friday October 10th Between 3pm - 8pm

Take a picture with Markus Ruhl for FREE!!!!

**FREE Markus Ruhl Glossy 8.5" x 11" personally autographed pictures (while quantities last).
Come in and meet one of the BIGGEST bodybuilders of all time!!!**

All Ultimate Nutrition Products will be on sale!!!